

KIRAN MANOHAR

Physical education teacher

Proficient physical education knowledgeable about training techniques, federal guidelines and lesson planning. Outgoing, friendly and personable educator. Engages students in fun games and activities to encourage physical fitness.

Contact

Address
Kalarical house, haripad,690514

Phone
8714039325

Email
Krnmanu.38@gmail.com

Skills

- Coaching and mentoring
- Injury prevention
- Athletics coaching
- Sports - specific traing
- Nutritional guidance
- Individulised instructions

Languages

- English
- Malayalam
- Hindi

Personal information

Date of birth : 15-11-1998

Nationality : INIDAN

Religion : Hindu

Fathers name : Manoharan t

Mothers name : S indukala

Experince

- 2022 **Govt.smhss**
Physical education teacher (intern)
- Taught physical education classes covering exercise strategies, sports, and safety.
- 2022 **Technical Official**
Calicut university inter college athletics meet
- 2022 **Technical Offical**
Federation cup athletics meet
- 2023 - 2024 **Bhuddha center for education**
Physical education teacher
- Organized annual field days and sports tournaments, promoting physical activity and healthy competition among students.
 - Led exercises and physical activities to engage students and develop physical skills.
 - Served as a coach for various school sports teams, leading them to numerous victories and successful seasons.
 - Developed individualized fitness programs for students, improving overall physical health and wellness.

Education

- 2019 - 2023 **Center for physical education**
Bachelor of physical education
- 2016 - 2019 **Acharya institutes**
Diploma in electrical and electronics

Certifications

- 2023 **Greens fitness academy**
Level 3 personal trainer
- 2023 **KTET qualified**
- 2024 **Athletics federation of india**
Pre level 1 athleactics coach